

## dermalogica<sup>®</sup> FACIAL TREATMENTS

**Face Mapping** **Free**

An in-depth skin analysis dividing the face into 14 zones, analysing every inch to identify problems & unique needs (with free product samples)

**Prescriptive Facial** **1hr £40**

Tailored to your skin's exact needs whatever they may be. Professional double cleanse, face mapping, exfoliation, extractions, pressure point facial massage, masque, hand, arm and shoulder massage, toner, moisturiser and solar defence.

**Express Facial** **½hr £20**

A condensed version of the prescriptive facial. A great introduction to Dermalogica facials or when time is short.

**Ultimate Pamper Facial** **1¼hrs £45**

A prescriptive facial combined with the revitalising eye rescue treatment.

**Anti - Ageing Facial** **1hr £45**

Most powerful dermalogica treatment for prematurely ageing, dry, sun damaged skin, providing nourishment and regeneration. Skin will be noticeably firmer, smoother and revitalised.

**Skin Brightening Facial** **1hr £45**

A specific facial for treating uneven pigmentation. When combined with a homecare plan, will help to lift dark patches and lower pigment production leaving a smoother brighter complexion.

**Sensitized Skin Treatment** **¾hr £40**

If your skin is looking red, inflamed or feeling itchy, then this is the treatment for you! Our super soothing cleansing will remove impurities from your skin, followed by a calming oatmeal masque that will instantly calm redness and reduce inflammation.

**Anti - Acne Facial** **1hr £45**

Adult acne and breakouts have finally met their match! Our medicated clearing treatment will focus on purifying your skin with a deep cleanse followed by extractions. Formulated to improve skin clarity and reduce blemishes, while soothing redness and inflammation.

**Gentleman's Facial** **1hr £40**

This facial focuses on the skin concerns which are unique to men. Taking into consideration shaving techniques, in growing hairs and excess oils. Tailored to suit your individual needs you will receive double cleanse, exfoliation, face, neck & shoulder massage, toner, masque, hydration & homecare advice.

**Teens Facial** **½hr £20**

This half hour facial is a great way to get teenagers into a daily cleansing routine! Guiding them through the importance of using cleansers, toners, exfoliators, moisturisers and why.

**Micro - Zone** **20 mins £15**

Provide an immediate solution to your most pressing skin issues. Choose from: Blackhead relief \* Revitalizing Eye rescue \* Skin soother \* Moisture surge \* Flash exfoliation \* Hand repair \* Lip renewal \* Rapid spot clear \* Men's skin fitness.

## dermalogica<sup>®</sup> BODY TREATMENTS

**Neck & Chest Repair** **½hr £17**

A treatment for Prematurely ageing, sun burnt or irritated skins. Helps repair damage with intensely hydrating and nourishing products.

**Body Exfoliation** **½hr £25**

An Oatmeal and Rice Bran power activates to create a gentle yet effective exfoliant. Removes dead skin cells, brightens skin & reduces the appearance of sun spots.

**Mineral Salt Scrub** **½hr £25**

Customized to either energize or reduce stress. We polish the skin to a soft glow whilst providing critical hydration and nourishment.

**Nourishing Recovery Wrap** **1hr £52**

An intense wrap therapy dedicated to nourish the skin. A unique blend of Wheat protein and Honey act as a maximum hydrators while Wasabi Ginger and White Tea stimulate blood circulation promoting healthier skin.

**Detoxifying Sea Mud Wrap** **1hr £52**

Rest in a warming body wrap containing natural earth clays to draw out impurities and tone while inducing blood circulation encouraging maximum absorption of nourishing botanicals.

**Deep Thermal Therapy with Thermal Stamp** **1½hrs £69**

Inspired by the practices of 14th century Thai Therapy. This treatment utilizes a unique fabric stamp filled with skin benefiting ingredients and the power of heat to detoxify, re-mineralise, de-stress, exfoliate and relax. Natural earth clays draw out impurities while Tropical Asian Ginger and White Tea stimulate circulation and smooth skin.



**CONTOUR BODY WRAP** **2hrs £65**

The world's only scientifically proven inch loss wrap. A Guaranteed loss of at least 6 inches. A unique blend of mineral rich clay and specialised body wrapping techniques help cleanse and detoxify your body whilst compressing the soft fatty tissues to create an instant and lasting inch loss that lasts up to 30 days. Once the warm clay soaked bandages are applied you can lie back and relax for an hour while the treatment goes to work. You could also use the time to indulge in a facial, manicure or eye treatment!

## MASSAGE

**Back, Neck & Shoulders Massage** **½hr £20**

A customised massage to help relieve tension using aromatherapy oils.

**Luxury Back, Neck & Shoulder Massage** **¾hr £28**

Back brushing, cleanse & exfoliation, removed with hot towels finished with aromatherapy massage.

**Deluxe Back Treatment** **1hr £35**

Back brushing, cleanse & exfoliation removed with hot towels, aromatherapy massage finished with a warm mud masque .The ultimate back treatment!

**Full Body Massage** **1hr £35**

Aromatherapy body massage – soothing away all your aches & pains.

**De-Stressing Full Body Massage** **1hr £39**

Aromatherapy body massage with face & scalp, using stress relief oils.

**Energising Full Body Massage** **1¼hrs £45**

Body brushing, exfoliation & aromatherapy body massage using energising oils.

**Luxury Back, Face & Scalp Treatment** **1½hrs £55**

Dermalogica facial with scalp massage, back brushing, cleanse & exfoliation finished with an aromatherapy back massage.

**Multi - Vitamin Hand & Arm Therapy Massage** **½hr £17**

Give your hands & arms the latest in retinol based vitamin repair, instant hydration and repair for chapped, arthritic or prematurely ageing hands.

**Thermal Touch Leg, Foot & Ankle Massage** **½hr £25**

Give your lower legs the attention they deserve! Cleanse, exfoliate, hydrate and moisturize for healthy and revitalized skin and muscles that are ready to take on the day!

## HOT STONE MASSAGE

A wonderful, relaxing massage experience, enthused about worldwide. Using warm basalt stones that reach deep into tiered, worn muscles and tension knots bringing balance within the body.

**Back** **½hr £25**

**Full body** **1hr £45**

## INDIAN HEAD MASSAGE

An ancient Indian technique, marvellous for migraine, eye strain, depression and general relaxation. Relieve your day to day tensions and stress.

**With or without oils.** **½hr £24**



## MANICURES & PEDICURES

Healthy, flexible, nails are achievable by anyone, whatever your nail type.

Naitiques Protein Formulas, gently nourish hands and feet back into tip-top condition. Naitiques has the solution for you.

**Manicure** **£18**

**Luxury Manicure** **£23**

**French Manicure** **£23**

**Luxury French Manicure** **£28**

**Little Miss Manicure** **£11**

**Gent's Hand Grooming** **£17**

**Pedicure** **£22**

**Luxury Pedicure** **£28**

**French Pedicure** **£26**

**Luxury French Pedicure** **£32**

**Little Miss Pedicure** **£11**

**Gent's Foot Grooming** **£18**

**File & Polish (hands / feet)** **£10**

**File & French Polish (hands / feet)** **£14**

## SCULPTURED NAILS

**Full Set** **£39**

**White Infill** **£25**

**Pink Infill** **£19**

**Sculptured Toes** **£30**

## EYES

**Eyebrow Shape** **£7**

**Eyebrow Tint** **£7**

**\*Eyelash Tint** **£9**

**\*Eyelash & Eyebrow Tint** **£14**

\*(Tint test is required 48 hrs before)

**Eyelash Perming** **£25**

**Weekend Eyelashes** **£20**

## NOUVEAU LASHES<sup>®</sup>

**Semi-Permanent Lash**

**Extensions** **1½ hrs £70**

**As seen on 10 Years Younger!**

Eyelashes can be a bit of a hassle first thing in the morning; so long lasting extensions can work much better. An individual, weightless false eyelash is adhered to the root of each of your own eyelashes, creating a subtle yet striking and natural look. One by one they add up to lushes lashes that will last as long as your own. Prepare to be impressed

**Lash Maintenance** **½hr £15**

## WAXING

**Eyebrows** **£7**

**Lip / Chin** **£6**

**Lip & Chin** **£10**

**½ Leg** **£17**

**½ Leg & Bikini** **£23**

**Full Leg** **£23**

**Full Leg & Bikini** **£29**

**Bikini Line** **£9**

**Brazilian** **£17**

**Underarm** **£9**

**Forearm** **£15**

**Back / Chest** **£17**

**Back & Chest** **£32**

**ST. TROPEZ**  
THE ULTIMATE TAN

**Full Body Exfoliation** **£12**

**Full Body Spray Tan** **£20**

**Upper / Lower Body** **£15**

## MAKEOVERS

**Make Over & Advice** **£30**

We will create and perfect any look you wish to achieve . . .

**Wedding Day / Special Day** **£40**

Includes a trial

**Little Miss MakeUp** **£15**

For young ladies under 14

**Ear piercing** **£16**

Safe & sterile method - A choice of earrings are included

## Semi Permanent MakeUp

The perfect way to achieve natural, long lasting looks.

Free Consultations From **£150**

## BOTULINUM TOXIN & DERMAL FILLERS

**Dr Taylor Pope BDS BSc. (Hons)**

Look & feel your best...Eliminate fine lines, define lips, shape cheeks or simply smooth folds & wrinkles

Free Consultations From **£165**

## TEETH WHITENING

**Dr Taylor Pope BDS BSc. (Hons)**

A safe and effective bleaching process with long lasting results.

Free Consultations **£220**

## PAMPER PACKAGES

For a special occasion or just a pure pamper. . . Choose from our suggestions or tailor your own package – we will be more than happy to assist and advise you. Book a private party or bring a friend or partner and enjoy our double treatment room facility. Enjoy lunch, coffee, or a glass of chilled wine on our private roof terrace or simply lie back and chill out on steamer chairs in our relaxation lounge. Packages over £60 include a light lunch or cream tea. Alternatively purchase from our exclusive menu brought to you by Garretts Restaurant.

### Bride To Be 3½ hrs £115

Prescriptive facial Manicure Pedicure Full Body Massage Eyebrow Shape.

May we suggest wedding make up? Also, why not book your hen party with us?

### Men's Executive Grooming 2½ Hrs £85

Hand grooming \* Foot grooming \* Deluxe Back Treatment \* Express Facial

### Adam & Eve 2 hrs £65

Luxury Back, Neck & Shoulder Massage \* Prescriptive Facial

Treatments performed side by side.

### Mummy To Be 2½ hrs £88

Luxury Pedicure \* Leg, Foot & Ankle Massage \* Prescriptive Facial

### Teens Treat 1½ hrs £45

Make Over / Teens Facial \* Weekend Lashes \* Eyebrow Shape

### Little Princesses 1 hr £35

Little Miss Manicure \* Little Miss Pedicure \* Make Over

For young ladies under 14

### Pre Holiday 2½ hrs £73

Full Body Exfoliation \* ½ Leg & Bikini Wax \* Eyelash Tint

File & Polish on Hands & Feet

### Race Days 1½ hrs £67

St Tropez Full Body Exfoliation & Spray Tan \* Weekend Lashes

File & Polish on Hands & Feet

### Stress Buster 1 hr £47

Indian Head Massage \* ½hr Hot Stone Massage

### Top To Toe 3½ hrs £90

Manicure \* Pedicure \* Luxury Back Face & Scalp Treatment

### Total Relaxation 2 hrs £64

De-stressing Full body Massage \* Luxury Pedicure

### Radiantly Revitalized 1½ hrs £57

Energising Full Body Massage \* Revitalizing Eye Rescue

### Delightfully Detoxifying 1½ hrs £72

Detoxifying Sea Mud Wrap \* Indian Head Massage

Salon can be decorated on request

You are welcome to bring along any alcoholic beverages of your choice

At CAROLINE & CO we strive to deliver excellence. We harness the finest quality products and our team boast the highest levels of training and expertise. We take great pleasure in offering you a unique combination of superb treatments from head to toe for both ladies and gentlemen and are committed to providing you with individually tailored treatments to suit your body's needs.

## GIFT VOUCHERS

For any amount, treatment or package, for special occasions or just because.... Vouchers can be collected from our salons or ordered over the phone and delivered to your chosen recipient.

## GIFT WRAPPING

We take great pleasure in wrapping your gifts with co-ordinating scented tissue, ribbon and deluxe gift bags.

## CONSULTATIONS & CLIENT CONFIDENTIALITY

Our consultations ensure your therapist is able to offer the very best service and treatment. Please inform us if you are pregnant – we can design treatments to suit your needs. Personal information given is held in the strictest of confidence.

## TIME FOR YOU

We recommend arriving 15 minutes prior to your appointment, allowing time to complete your consultation, enjoy a drink and wind down. After your treatment rest in our relaxation lounge for as long as you wish... Its time for you.

## OUR COMMITMENT

We value the precious time you spend within our salon and as our way of saying 'Thank you' we provide a 'Pamper Points Loyalty scheme'. We also reward you for recommending your friends – details on request. Courses are available on all treatments.

## CANCELLATION POLICY

We realize problems can occur, we would however appreciate 24 hours notice of cancellation so as the appointment can be offered to another client. A charge of 50% of the treatment value is liable.

## YOUR THOUGHTS

We are committed to providing you with the highest levels of quality and service. Your thoughts opinions & ideas are very important to us. Customer comment forms are available online and also in our salons and may be addressed to Caroline personally.

**Bromborough**  
Monday 9am - 5pm  
Tuesday 9am – 8pm  
Wednesday 9am - 8pm  
Thursday 9am – 8pm  
Friday 9am – 6pm  
Saturday 9am – 4.30pm  
**0151 343 0877**

**Bebington**  
Monday 9am - 5.30pm  
Tuesday 9am – 5.30pm  
Wednesday 9am - 5.30pm  
Thursday 9am – 5.30pm  
Friday 9am – 7pm  
Saturday 9am – 5pm  
**0151 645 5111**

Out of hour appointments are available by arrangement

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